



100 things to do if you're stuck in the house this summer!

1. Make no-cook playdough, then hold a dough disco
2. Paint a portrait of your family
3. Write and make your own book
4. Draw flowers or the fruit bowl
5. Try some laughter yoga together
6. Finger paint
7. Make a band from kitchen pots and pans
8. Footprint paint
9. Set a dance alarm to go off every 30 minutes
10. Have a family karaoke session
11. Send a video message to family and friends to keep them entertained
12. Throw a birthday party for a pet or a cuddly toy
13. Have an indoor picnic
14. Discover your favourite story and share it together
15. Order your bookshelf alphabetically
16. Run an indoor treasure hunt
17. Dress up in adult shoes
18. Find or make a fairy door for the house or garden
19. Do the Hokey Cokey
20. Take a selfie through a toilet roll tube and pretend you're on the moon
21. Make cards for everyone at home
22. Flap some sheets and pretend they're waves, then jump in
23. Bake some cakes
24. Use material or cardboard to make mermaid or merman tails
25. Line up the chairs and make a bus, taking turns as conductor and driver
26. Build a camp in your bed
27. Make a dark den and explore it with a torch
28. Write a letter to a neighbour or friend
29. Colour in a colouring book or draw a picture
30. Drape wool or string over a chair to make hair
31. Have a pamper day
32. Have a scrunched-up paper fight, using paper from the recycling
33. Make ice lollies with cordial and water
34. Make sandwiches in strange shapes
35. Build a pretend car out of boxes or furniture
36. Learn a rhyme or poem
37. Make paper aeroplanes
38. Go on a pirate adventure, making boats from boxes or furniture
39. Blow bubbles and try to catch them
40. Make a number frieze for the wall and decorate it
41. Read a pirate story series on your e-reader
42. Make a papier mâché sculpture over a balloon
43. Play "keep the balloon in the air"
44. Play a board game
45. Play hide and seek
46. Play dominoes
47. Learn a new card game
48. Make smoothies
49. Put on a puppet show
50. Make shadow puppets
51. Make finger or sock puppets
52. Choreograph a dance or learn a routine
53. Have an upside-down meals day, lunch for breakfast and so on
54. Learn a sing-along from the Mobilise community
55. Learn to cook something new
56. Learn a new song together
57. Leave happy notes all around the house
58. Make a fitness routine and put the family through their paces
59. Use vegetables to make funny characters
60. Dance and sing along to a favourite tune
61. Play I spy
62. Open the windows and sing out a song
63. Learn the days of the week song
64. Play musical statues
65. Learn a favourite band's song together
66. Learn a Queen song
67. Set up an indoor restaurant and serve the family
68. Have a toy's tea party
69. Make chutes to roll balls down the stairs
70. Be superheroes with capes
71. Eat cereal with a giant spoon
72. Have an ice cream party
73. Enter an online competition to win a prize
74. Vacuum the home together
75. Polish the home together
76. Fold up sheets into shapes
77. Use a sheet as a parachute, fluff it up, hide underneath and play parachute games
78. Make binoculars from toilet rolls and look out for birds
79. Make yoghurt pot telephones
80. Build a junk model rocket as large as you can
81. Put on a comedy show
82. Pretend to conduct an orchestra to music
83. Hike up the stairs and pretend it's a mountain, so, so high
84. Roll around a large space in the home
85. Hop around like a bunny
86. Learn to play "sleeping bunnies"
87. Learn and act out "Five Little Monkeys"
88. Find as many collections of ten things around the home as you can
89. Dance in the shower
90. Sing in the shower
91. Squirt shaving foam into your hands
92. Make a scrapbook of favourite things and people
93. Play "Jack in the Box" using a large cardboard box
94. Have a themed party
95. Stay up late for a night-time picnic and look at the stars
96. Play apple bobbing
97. Jump on the bed
98. Bash a piñata
99. Try coin rubbing with paper and crayons
100. Play pass the parcel